

TIME ALLOWED:

READING TIME: 5 MINUTES
WRITING TIME: 40 MINUTES

Task 5

Read the case notes below and complete the writing task which follows.

notes:

Assume Today's Date: 01/06/10

Patient History

Tom Cribb D.O.B: 23/5/82

Unemployed – builder's labourer recently made redundant because of lack of work

Married/no children

Wife works full time as shop assistant

No hobbies

Smokes 5-6 cig/day, drinks 2-5u of alcohol per week

Father has hypertension

Mother died at 60 due to breast cancer

No known allergies

12/05/10

Subjective

Very severe pain in lower R abdomen for 3 hrs, radiated to groin, nausea, no vomiting

No red colour urine - frequency normal

No history of trauma, No fever

Anxious about finding new job ASAP – has to make regular home mortgage repayments

Objective

BP: 120/80

PR: 80 BPM

Ab-mild tenderness in lower abdo, no guarding and rebound

Plan

Diagnosis? Ureteric colic due to renal stone

Diclofenac sodium 50mg suppository dose given and 50mg b.i.d. for 5 days

Advised to drink moderate amount of fluid with regular exercise, especially walking for 2-3 days

Review after 2 days with IVP report, UFR report

14/05/10

Subjective

No pain, no new complaints

Objective

IVP-L/kidney-nl R/enlarged kidney which was ectopic. No evidence of stones

UFR-few red cells

Advised to drink more fluid especially in hot weather

Ordered ultrasound of abdomen to exclude any kidney pathology and review in 2 weeks

01/06/10

Subjective

Had mild R sided lower abdominal pain 5 days ago, responded to Panadol

Ultrasound-severe hydronephrosis? Mass attached to the liver, L/kidney, spleen, pancreases normal

Rehired as builder's labourer on new job due to start in two weeks -keen to get back to work.

Objective

BP: 140/90

PR: 98 regular

Ab-mass in R/lower abdominal area. RDE-felt a hard mass & kidney situated below normal site.

Hydronephrosis +

Plan

Refer to a urologist for further investigation including CT scan and assessment.

Writing Task:

You are a General Practitioner at a Southport Clinic. Tom Cribb is your patient.

Using the information in the case notes, write a letter of referral to urologist for CT scan and assessment. Address the letter: Dr B Comber, Urologist, Southport Hospital, Gold Coast

In your answer:

- Expand the relevant case notes into complete sentences
- Do not use note form
- Use correct letter format

The body of your letter should be approximately 200 words. Use correct letter format.

Dr. B. Comber
Urologist
Southport Hospital
Gold Coast

June 1 2010

Dear Doctor,

Re: Mr. Tom Cribb DOB: 23/05/1982

I am writing to refer Mr. Cribb, a married and unemployed male who has a renal mass.

Mr. Cribb first came to see me on the 12/05/10 complaining of severe pain in the right lower abdomen which was radiating to the groin. It was not associated with urinary or gastrointestinal symptoms, trauma or fever. His vital signs were normal and his lower abdomen was mildly tender. He was prescribed diclofenac suppositories 50mg twice a day for 5 days. He was advised to drink fluids and walk regularly. The IVP report on the 14/05/10 showed an enlarged and ectopic right kidney, no stones were reported and the UFR had a few red cells. With regard to his risk factors, he is a smoker and drinks alcohol. His father has hypertension and his mother died from breast cancer.

On today's consultation, he complained of right lower abdominal pain of 5 day duration which was relieved by Panadol. His vital signs were normal and a mass was palpated in the right abdominal area. His right kidney was below the normal site. The ultrasound showed severe hydronephrosis and a mass attached to the liver. He was advised to undergo further CT scan investigations.

I would appreciate your assessment to Mr. Cribb's urologic problem.

Yours sincerely,

Doctor

[209 words]